

BEAT-THE-HEAT BEAUTY

Frizzy locks? Kooky hair color? Melted makeup? There's no question that those long, lazy, hazy days of summer can wreak havoc on your looks. But with just a few precautions and product substitutions you can still look hot and keep your cool. We polled the pros to show you how.

WHAT NOT TO WEAR

Darac, creator of Darac Beauty, heat and humidity-proofs your makeup bag.

Trade Foundation

For A gradual daily self-tanner. "It helps even out skin tone and gives a gentle glow but won't breakdown or change color, like foundation can," says Darac.

Trade Your every day concealer

For A slightly darker variation to go with your new sun-kissed color; blend with your existing one if you are "in-between" shades. Dab onto only the discolorations that show through your faux glow, such as under the eyes or around the nose and mouth.

Trade Pressed powders—their fillers and binders can make your skin look greasy as it starts to shine in the sun and prevent you from re-applying makeup.

For Fluffy loose powders

Trade Matte lipsticks and pearlized glosses—the former can look dry and harsh, while the latter can slip and slide.

For Lightweight lip balms and non-greasy sheer glosses. Dab on to just the pout of your lips with a fingertip for a sexy, stay-put stain.

Trade Eyeshadow quads and trios, which can look fussy, heavy, and dated

For Single all-over lid cream-to-powder shadows for a sheer veil of seductive color.



Trade Waterproof mascara, which can look spiky and damage lashes

For Regular mascara topped by a liquid makeup "setter." It will get your lashes glossy and you can use standard removers instead of the water-proof kind. Rub a little between your finger tips and stroke onto lashes after mascara dries.

NO MORE HAIR-RAISING EXPERIENCES

New York City salon owner and celebrity hair stylist John Barrett wards off tress distress.

Problem Your discreet "buttery" highlights morph into a brassy mess minutes after you hit the beach.

John says Have your hairdresser add fewer highlights in the spring than you would in the cold weather and ask him to paint some darker pieces right before you go to the beach—they'll be the perfect sun-kissed shade after some fun in the sun.

Problem Your hair frizzes up the minute there's the slightest hint of humidity.

John says Leave a little of your regular conditioner in your hair and add a dab of styling balm, then twist small sections of your hair into loose cork screws. Let dry naturally for a gorgeously casual style.

Problem You never seem to look sophisticated when you go out in the evening.

John says Slick your hair back into a tight with a really cool clip, then wear a stronger lip color than usual. You'll look like a million!