



CLUBS

PERSONAL TRAINING

GROUP FITNESS

YOGA



THE SPA

THE SHOP

LIFE

BOOK A BIKE INSTRUCTIONS

BIKE RESERVATION

1. Register for MYEQ on homepage
(Once registered, just sign into MYEQ in the future)
2. (Scroll up to View) Select Group Fitness Tab from Top Navigation
3. Select "Find a Class" on the Left Navigation
4. Select a Club and "Studio Cycling"
5. Press Submit
6. Press the Studio Cycling Icon to Select a Class
 -  Black Icon—Class IS Available in 26 hour reservation window
 -  Grey Icon—Class is NOT within 26 hour reservation window
7. Choose your Bike
8. Press "Book My Bike" button on upper right hand side of page
9. Choose Optional SMS reminder
10. SUCCESS!! You have Booked Your Bike

BIKE CANCELLATION

1. Log into MYEQ
2. Choose the Class/Day you want to Cancel
3. Press the Bike Icon on your calendar for the class you want to Cancel
4. Select the Cancel Button on the upper right hand side of page
5. Confirm your Cancellation
6. SUCCESS!! You have Cancelled your Bike.

Book-A-Bike Online is also available on your mobile at m.equinoxfitness.com